



4 INTERNATIONAL certification program
**NLP PRACTITIONER +
LIFE COACHING**



**Personal
mastery**

ABOUT US

“Personal Mastery” is an internationally accredited organization founded by Mrs. Prabhleen Gupta, and is dedicated towards transformation of people’s life both personally and professionally.

Personal Mastery offers internationally accredited certification niche courses on Neuro Linguistic Programming, Mindfulness, Professional Trainers, Body Language, Life & Leadership Coach, Emotional Intelligence are just to name few of them.

Personal Mastery certifications are awarded to professionals, coaches who have met firm education and experience requirements and have demonstrated a thorough understanding of the training, practitioner & coaching competencies that set the high standards in the profession. Attaining certifications through Personal Mastery signifies professional’s devotion to authenticity, understanding and expertise in prescribed skills, and dedication to clients.

Personal Mastery programs complete a meticulous review process and exhibit that the curriculum aligns with the Personal Mastery’s Core Competencies and Code of Ethics.

Prabhleen Gupta

Founder and President

OUR PRESENCE



INDIA

OMAN

SRI LANKA

ZAMBIA

MALDIVES

DUBAI

AUSTRALIA

IRELAND

KUWAIT

CANADA

NEPAL



ABOUT PRABHLEEN GUPTA

Prabhleen Gupta is founder of **Personal Mastery** and an International Master Trainer & Facilitator, Facilitator & Skill Development Specialist with over 16 years of experience in Learning & Development & Capability Building in various reputed organizations such as **Dell, Apple, Capgemini, Taxi For Sure, TATA Strive, Teleperformance, Salesforce, Uber Eats, Apollo Homecare**

PRABHLEEN IS A CERTIFIED

- **Apple Trainer & Training Manager**
- **Mindfulness Meditation Master Trainer**
- **International Master Trainer**
- **NLP Master Practitioner & Master Trainer**
- **International Coach Federation (ICF) approved Leadership & Wellness Coach.**
- **Master Practitioner and Trainer in Ericksonian Hypnosis**
- **Assessor**



ASSOCIATIONS

DELL, Apple Headquarters (Cork, Ireland)

Teleperformance (Mohali, Athens, Greece, Dubai)

Capgemini, Chandigarh University

Orane International, TATA Power, TATA Sons

SML ISUZU, INFOCHIP, Apollo Home Care



FROM YOUR TRAINER

I (Prabhleen Gupta) welcome you to our exemplary Workshops & Programs towards Polished Skills, Advanced Tools & Techniques along with Awareness.

These programs do not only upskill you in your respective fields or bring in the Self Awareness only because if it is so then it will be just limited to Self but our Belief is that You are more than that, You are the Complete Universe, hence these programs bring the Total Awareness.

These Courses may shatter your lots of beliefs, You may doubt the tools & techniques BUT the moment you Doubt, the moment you feel Shattered that is the moment you are getting closer to the Total Awareness.

Follow the Process & Trust the Journey and see how Life shapes up according to you, just like that caterpillar which shapes up in a Beautiful Butterfly.

In my Eyes you all are a Beautiful Butterfly in making and my job would be to Empower you, to make you Aware of the Process so that when you are going through the journey of Personal Mastery & Awareness you know that things happen, you know that emotions happen & most of all you know that if you just witness what all is happening, you will suddenly be able to Guide the situation, Guide the Emotions and that is the moment when this – My Beautiful Butterfly is getting ready to Fly High!

My Wish for You – Fly High & Live an Alive Life Full of Awareness!

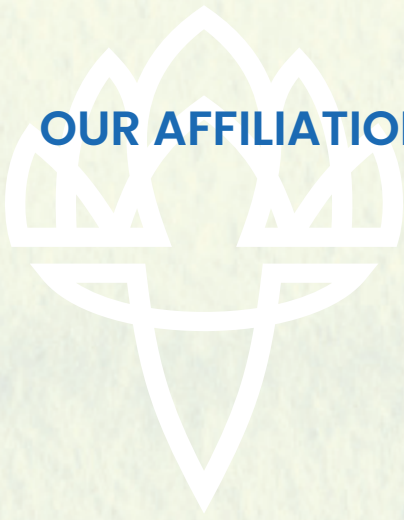
Warm welcome to the Process

Prabhleen Gupta

prabhleengupta.com



OUR AFFILIATIONS



**Personal
mastery**

www.personalmastery.in



ibpct.org

PROGRAM DETAILS

COURSE	INTEGRATED NLP PRACTITIONER & LIFE COACH PROGRAM
VENUE	ZOOM
CERTIFYING BODY	IBPCT & PERSONAL MASTERY
TRAINER	PRABHLEEN GUPTA



REMOTE TO YOUR FUTURE

Your Brain works as a 3 step filtering process:

1. Receives the input

2. Processes

3. Responds

You have no Control over the Input but what you do in the 2nd step i.e. Processing will decide how your Response will be.

Hence all the results are under your control Only If you know how to Process the Input so as to get the Response that will turn any situation in your favor.

And NLP Teaches this with Precision!

Neuro – Means “Mind or Mental Map”.

This is the ‘First Mental Map’ of the Information processing, where the information or Data is absorbed through the senses.

The first Mental Map is created with senses, e.g images, sounds, visuals, tastes, smell etc. & with the techniques taught you have the power to alter or strengthen your maps.



EMPOWER TO EMPOWER OTHERS

With the help of NLP Tools & Techniques you become proficient in understanding your Mental Maps and also on how to guide/change your Mental Maps.

However, this program focuses on providing you the skills to earn while helping others in their journey. As you will be equipped with the advanced techniques of Life Coaching Models.

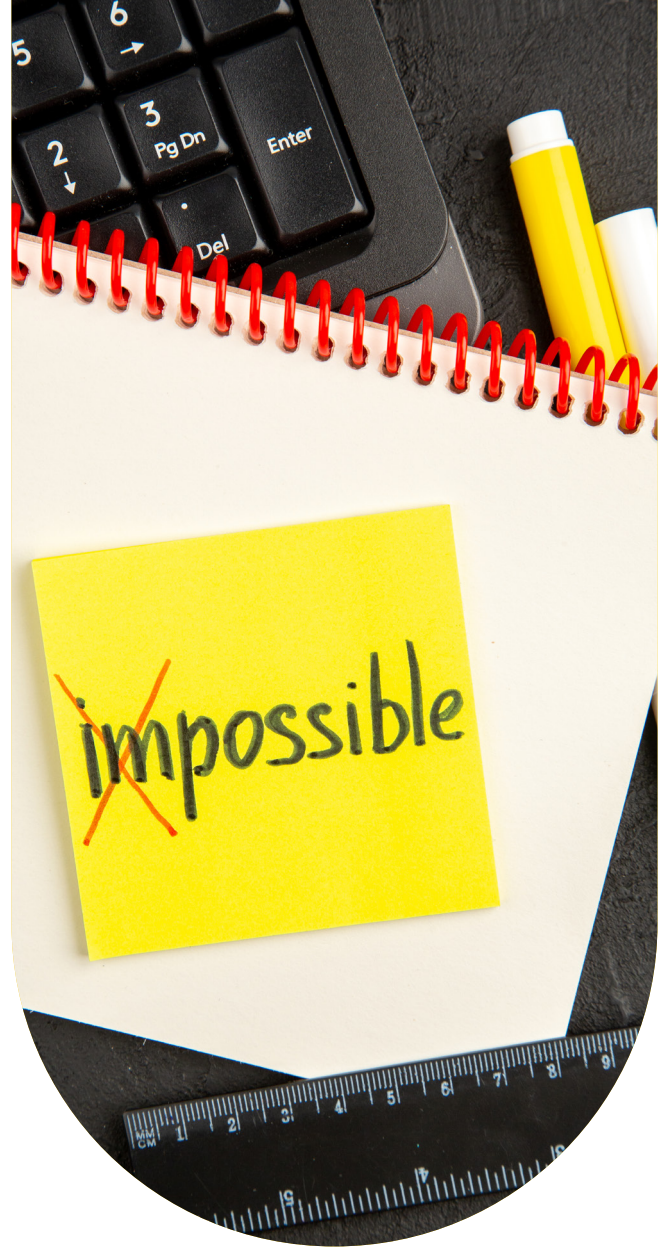
The techniques taught and the guidance from Personal Mastery will help you in establishing yourself as a Life Coach, Success Coach, Wellness Coach & Personal Development Coach.



WHERE IMPOSSIBLE BECOMES POSSIBLE

PERSONAL BENEFITS

- Personal Mastery
- Build Fruitful Relationships
- Set Up & Win compelling Goals
- Increase your sales Manifold
- Increase your Performance
- Understand motivation & keep up at it
- Fix roots of procrastination
- Resolve conflicts
- Transform destructive beliefs into constructive Behaviours
- Develop new habits
- Improve overall well-being so on and so forth
- Models to Coach



EMPOWER TO EMPOWER OTHERS

CURRICULUM

- Laws of Success and Pillars of NLP
- Goal Setting Tools & Methods using NLP
- Rapport Building using NLP
- Representational Systems of NLP
- Sub-Modalities in NLP
- Language Patterns in NLP
- Anchoring in NLP
- Perceptual Positions in NLP
- Strategies & Patterns of NLP
- Curing Phobias with NLP
- Neurological Levels of NLP
- Anxiety Removal in NLP
- Body Language with NLP
- Communication Skills using NLP



EMPOWER TO EMPOWER OTHERS

CURRICULUM

- Model Excellence in NLP
- Decision Making with NLP
- Rapport Building Techniques of NLP
- Models to coach
- Mindset in NLP
- Coaching Power
- Tools of Coaching
- Techniques to Transform Self
- Methods to Transform others
- Depth of Coaching
- Magic that NLP + Coaching Creates
- And much much more to NLP



YOU'VE GOT THE POWER!

What's in it for me !

- Counseling, coaching and therapies to stimulate changes with their clients by looking at the hidden patterns that underlie a particular behavior, emotion or habit.
- Education and training to promote learning and memory.
- Personal development to remove destructive emotions and patterns and promote confidence and self esteem.
- Business to promote influence via communication & negotiation strategies including sales and management skills.
- Sports to promote performance.
- Parenting, promoting impactful, clean, genuine communication with your children right from the start.

CERTIFICATIONS

IBPCT & Personal Mastery Certified

- NLP Practitioner
- Life Coach
- Success Coach
- Wellbeing Coach



Certifications will be provided Post assessment.
Support and hand holding for the participants.

Access to whats App & FB Group



THANK YOU!



HEAD OFFICE:

+91 9592 877 000

support@personalmastery.in

#748, Sector 9, Panchkula, (Chandigarh), Haryana - 134113

www.personalmastery.in